

Health Insurance



médís

Insurance product information document

Companies: Médís - Companhia Portuguesa de Seguros de Saúde, S.A. and Zurich Insurance Europe AG, Sucursal em Portugal **Product:** Zurich Health Insurance
Insurance Company authorized by the Insurance and Pension Funds Supervisory Authority, under n.º 1131 and n.º 13460, respectively. **EU Member State:** Portugal

Pre-contractual and complete contractual information about the product is provided in other documents. This document is intended to provide a summary of the information pertaining to the insurance contract.

What type of insurance is it?

Health insurance that covers healthcare expenses. This insurance may provide compensation for expenses when providers outside the Médís Network are utilised or benefits agreed when Médís Network providers are utilised. Assistance services are also guaranteed.



What is insured?

The following cover options may be contracted:

Option 1

- ✓ Hospitalisation (hospital stay) - € 15.000;
- ✓ Mental Health (when the optional outpatient coverage is contracted)
 - Psychiatric hospitalisation - 20 days;
 - Psychology and Psychotherapy - 20 Sessions;
- ✓ 2nd Opinion - no limit;

Optional covers

- Outpatient (consultations, exams and treatments) - € 200 or €1.000.

Option 2

- ✓ Hospitalisation (hospital stay)
 - Base - € 50.000;
 - Reinforced oncological protection - additional of € 50.000;
 - ✓ Mental Health
 - Psychiatric hospitalisation - 20 days;
 - Psychology and Psychotherapy - 20 Sessions;
 - ✓ Childbirth (included in hospitalisation);
 - ✓ Outpatient (consultations, tests and treatments)
 - Base - € 2.500;
 - Reinforced oncological protection - additional of € 2.500;
 - ✓ 2nd Opinion – no limit;
 - ✓ Oncology - prostheses and orthoses (for clients with cancer disease)
 - Bras for breast prosthesis – 1 per annuity up to € 40;
 - External bilateral breast prosthesis - 1 per annuity up to €110
 - External unilateral breast prosthesis - 1 per annuity up to €95
 - Wigs - 1 per life up to € 500;
 - Ostomy supporting products – up to € 500;
 - ✓ Oncology - assistance services (for clients with cancer disease)
 - Transport of patients - 2 transportations per annuity;
 - Psychological support - 5 appointments per annuity;
 - Comfort services - € 1.000 per annuity;
 - Home nursing care - 10 uses per annuity;
- (to be continued)



What is not insured?

Among other exclusions outlined in the applicable General Terms and Special Conditions, the following are excluded:

- ✗ Illnesses that you had before taking out health insurance;
- ✗ Accidents or illnesses covered by compulsory insurance (work and traffic accidents);
- ✗ Accidents resulting from professional or amateur sports practice and participation;
- ✗ Infectious and contagious diseases, when declared as epidemic by the Health Authority.



Are there any restrictions on cover?

- ! Some covers include grace periods;
- ! There may be particular exclusions (exclusions resulting from the analysis of the health questionnaire);
- ! Pre-authorization is required for some medical acts;
- ! When the procedures concerning the submission of expenses or pre-authorization requests have not been fulfilled, there may be a reduction or loss of cover, and in the latter case, if there is wilful misconduct and the insurer incurs significant damages.

Optional covers

➤ Stomatology € 250.

Option 3

- ✓ Hospitalisation (hospital stay)
 - Base - € 1.000.000;
 - Reinforced oncological protection – unlimited;
- ✓ Mental Health
 - Psychiatric hospitalisation - 20 days;
 - Psychology and Psychotherapy - 20 Sessions;
- ✓ Childbirth (included in hospitalisation);
- ✓ Outpatient (consultations, exams and treatments) - € 5.000;
 - Base - € 5.000;
 - Reinforced oncological protection – additional of € 5.000;
- ✓ Severe illnesses - € 1.000.000;
- ✓ International:
 - Clínica Universitária de Navarra [Navarra University Clinic] - unlimited;
 - Barcelona/Berlin/USA/other clinics - € 75.000.
- ✓ 2nd Opinion - no limit;
- ✓ Oncology - prostheses and orthoses (for clients with cancer disease)
 - Bras for breast prosthesis – 1 per annuity up to € 40;
 - External bilateral breast prosthesis - 1 per annuity up to €110
 - External unilateral breast prosthesis - 1 per annuity up to €95
 - Wigs - 1 per life up to € 500;
 - Ostomy supporting products – up to € 500;
- ✓ Oncology - assistance services (for clients with cancer disease)
 - Transport of patients - 2 transportations per annuity;
 - Psychological support - 5 appointments per annuity;
 - Comfort services - € 1.000 per annuity;
 - Home nursing care - 10 uses per annuity;

Optional covers

➤ Stomatology € 1.000.



Where am I covered?

- ✓ Continental Portugal and Islands.



What are my obligations?

- Before signing the contract, the insured must accurately state all known circumstances that should be reasonably significant for the insurer's risk assessment;
- Pay the premium value in a timely manner;
- Inform the insurer of any illnesses that you have on the date the insurance begins;
- During the contract, inform the insurer of risk-aggravating situations within 14 days of the date from when the insured person became aware of such;
- Present the Médis card when utilising the agreed network;
- If you wish to be reimbursed for utilisation outside the agreed network, you must submit all supporting documents for the expenses incurred within a maximum period of 120 days.



When and how do I pay?

Unless otherwise agreed, the first instalment or premium payment must be made on the date the contract is signed, by direct debit from your account or by Multibanco reference. Annual, biannual, quarterly or monthly payment may be agreed. The following instalments, subsequent annuities and successive instalments must be paid on the dates established in the contract.



When does the cover start and end?

The contract begins on the date specified in the contractual conditions. Contracts concluded for a specified period shall terminate at midnight on the last day. Contracts with an initial period of 1 year are renewed for equal periods.



How do I cancel the contract?

For contracts concluded for one year and subsequently, the insured may rescind the contract by communicating this intention to the insurer 30 days prior to the date of extension of the contract, by registered mail or by any other means through which a written and lasting record is kept. The contract may be terminated by the parties at any time with just cause. The policyholder, being an individual person, may terminate contracts with duration equal to or greater than six months, without invoking just cause by communicating this intention to the insurer within 30 days of the date of receipt of the policy.

Médís – Companhia Portuguesa de Seguros de Saúde, S.A Public Limited Company with its head office in Praça Príncipe Perfeito 2, 1990-278 Lisboa, tax nr. 503 496 944 and registered with this same number in the Lisbon Trade Registry, with a share capital of € 12.000.000. ASF Register 1131, www.asf.com.pt

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